



## **COURSE OUTLINE**

**PSYC 100**

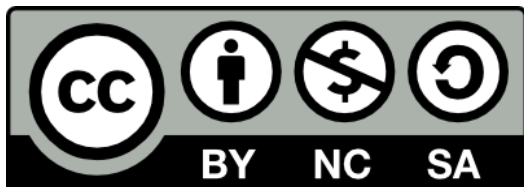
**INTRODUCTION TO PSYCHOLOGY I**

**3 CREDITS**

PREPARED BY: Andrew Roebuck, Instructor  
DATE: August 24, 2020

APPROVED BY:  
DATE:

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**INTRODUCTION TO PSYCHOLOGY I**

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**INSTRUCTOR:** Andy Roebuck (PhD Candidate)

**OFFICE LOCATION:** n/a

**E-MAIL:** aroebuck@yukonu.ca

**TELEPHONE:** n/a

**OFFICE HOURS:** Via Zoom: Tuesdays 1:00-3:00 pm or by appointment

**CLASSROOM:** Zoom ID: 830 544 5427

**CLASS TIME:** Via Zoom: Thursdays 2:30-3:30 pm

**DATES:** September 2<sup>nd</sup> – December 8<sup>th</sup> 2020

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**COURSE DESCRIPTION**

Introductory Psychology is a survey course of the major content areas of Psychology. This course covers basic research methodology, current research in the various subject areas, and the basic knowledge and major theories of the field.

The following topics will be covered in Psychology 100: The History of Psychology, Psychological Research, Biopsychology, Consciousness, Sensation and Perception, Learning, Cognition, and Memory. Psychology 101 continues the survey of the field with explorations of Developmental Psychology, Emotion, Personality, Social and Group Psychology, Psychological Disorders, and Therapy and Treatment.

Together, PSYC100 and PSYC101 provide students with a foundational understanding of Psychology, preparing them for more focused courses in the future.

**PREREQUISITES**

None

### **EQUIVALENCY OR TRANSFERABILITY**

AU PSYC 289 (3)	CAMO PSYC 110 (3)	CAPU PSYC 100 (3)	KWAN PSYC 1100 (3)
NIC PSY 130 (3)	OC PSYC 111 (3)	TRU PSYC 1110 (3)	TRU-OL PSYC 1111 (3)
TWU PSYC 105 (3)	UFV PSYC 101 (3)	UNBC PSYC 101 (3)	UVIC PSYC 100 A (1.5)
VIU PSYC 111 (3)	UAF PSYC 101 (3)	UAS PSYC 101 (3)	UR PSYC 100 (3)

SFU PSYC 1xx (3); YUKO PSYC 100 & YUKO PSYC 101 = SFU PSYC 100 (3) – B – Soc & SFU PSYC 102 (3) – B Soc

UBC PSYC 1st (3)      YUKO PSYC 100 & YUKO PSYC 101 = UBC PSYC 100 (6).

UBCO YUKO PSYC 100 & YUKO PSYC 101 = UBCO PSYO 111 (3) & UBCO PSYO 121 (3)

### **LEARNING OUTCOMES**

Upon successful completion of the course, which includes timely submission of all assignments, students will:

- Demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- Develop an understanding of basic theories and research methods in psychology
- Critically analyze information about human behaviour and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- Demonstrate applied psychology analysis and evaluative research skills.

### **COURSE FORMAT**

Due to COVID-19 and social distancing recommendations from the Chief Medical Officer of Health, this course is being taught online using a variety of materials, activities, and technical solutions. You will need to visit the course Moodle site and participate in online

activities and discussions as assigned and scheduled.

There are no in-person meetings scheduled for this course. Students will be expected to attend a weekly Zoom session every Thursday from 2:30-3:30 pm. The Zoom meetings will be held in Room: 830 544 5427.

The class will proceed on a timetable (see below) with set assignments and due dates. **This is not a self-paced course.**

## **ASSESSMENTS**

### *Attendance and Participation – 5%*

Regular attendance and completion of course work is expected. Attendance and participation will be worth 5% of the total course grade.

The weekly Zoom Session is scheduled for **Thursdays from 2:30-3:30 pm**. During the Zoom sessions, students will be expected to respond to a few short multiple-choice questions. Questions are asked and answered in Zoom. These questions are not marked for correctness, rather they are a tool for self-assessment. Completion of 80% or more of these questions over the course will be considered “perfect attendance”. Should a student respond to fewer than 80% of questions, the attendance mark will be prorated to match their responses.

Example 1: A student responds to 90% of questions throughout the course. 90% is greater than 80% therefore they receive full marks for attendance (5%).

Example 2: A student responds to 60% of the required 80% of questions. This is equal to 75% of “perfect attendance” ( $60 / 80 = 75\%$ ). Therefore, the student receives a mark of 75% for attendance (3.75%).

If you will be unable to regularly attend/engage with Zoom sessions for any reason (e.g. bandwidth/computer issues, work/family commitments, illness), please contact the instructor directly ([aroebuck@yukonu.ca](mailto:aroebuck@yukonu.ca)) to have the attendance mark shifted to the final exam. This option will be available to ALL students up until the date of the final exam.

**NOTE: Exams will be held during the Zoom time and ALL students will be expected to participate in these assessments. Please make a note of these dates and times now!**

*Chapter Assignments – 35%*

In this class you will be expected to submit a short assignment at the end of each Chapter (8 in total). Textbook readings will need to be completed independently and weekly Zoom sessions are designed to cover the most important material in each section. Chapter assignments will reinforce core concepts in this course and help you prepare for the exams. The chapter assignments should only take between 30-60 minutes to complete provided you have done the readings.

Assignments will include some multiple-choice questions (similar to what you will see on the midterms), fill in the blank, and VERY short answer questions (1-3 lines). Short answer questions are not be an assessment of your writing skill and point form is fine as long as I can understand it. All information needed for the assignments can be found in the textbook and/or assigned readings. Assignments will be available **AT LEAST ONE WEEK** before they are due and they will be due on **Friday's by 5:00 pm** (except for the last assignment which will be due on the final day of classes, Tuesday December 8<sup>th</sup>, 5:00pm).

Some very important points for assignments:

- Life happens, everyone gets **1 free extension**, you DO NOT need to e-mail me, just submit it before the next assignment is due and there will be no penalty.
  
- Any additional late assignments will be assessed a flat penalty of **10%**.
  
- Lastly, **if you complete all 8 assignments, late or otherwise, before the final exam** (December 10th, 2020), I will drop the mark of your lowest assignment. The point of these assignments is to encourage you to read and engage with the material, not to punish you when life/school gets stressful and busy.

*Midterm Exams – 15% Each*

During this course there will be two midterm exams each worth 15% of your final grade. Both midterm exams are OPEN BOOK and they will be completed through the course Moodle page. Students are expected to complete exams independently. The first exam will be held on **Thursday October 8<sup>th</sup> from 2:30-3:30 pm** and will cover Chapters 1-3. The second exam will be held on **Thursday November 5<sup>th</sup> from 2:30-3:30 pm** and will cover Chapters 4-5. Exams will consist of approximately 30 multiple choice questions and students will have 1 hour to complete the assessment. **Note:** although these exams are

open book, students should not rely on this to answer the questions as there will not be enough time to look up every answer. The exams will be similar in format to the chapter assignments.

*Final Exam – 30%*

There will be a final exam on **December 10<sup>th</sup>**. This exam will be similar in format to the midterm exams. The final exam will be comprehensive, with 1/3 of questions coming from Chapters 1-5 and 2/3 of questions from Chapters 6-8. Additional information regarding the final exam will be released later.

### **EVALUATION**

Attendance and Participation	5%
Chapter Assignments	35%
Midterm #1: Chapters 1-3	15%
Midterm #2: Chapters 4-5	15%
Final Exam: 1/3 Chapters 1-5 2/3 Chapters 6-8	30%
Total	100 %

### **REQUIRED TEXTBOOKS AND MATERIALS**

For Introductory Psychology (PSYC 100, and PSYC 101 next term) we will be using the open textbook: OpenStax Psychology 2e. You can download the textbook and find additional information here: <https://openstax.org/details/books/psychology-2e>. An open textbook is a textbook licensed under an open copyright license. It is available online and can be **freely** used by students, teachers, and members of the public. Additional information about how to access your textbook can be found on the course site.

Additional materials and assignments will be posted to the course site. We will review these materials on the first day of classes.

### **ACADEMIC AND STUDENT CONDUCT**

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/ Admissions & Registration web page.

## **PLAGIARISM**

Plagiarism is a serious academic offence. Plagiarism occurs when a student submits work for credit that includes the words, ideas, or data of others, without citing the source from which the material is taken. Plagiarism can be the deliberate use of a whole piece of work, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Students may use sources which are public domain or licensed under Creative Commons; however, academic documentation standards must still be followed. Except with explicit permission of the instructor, resubmitting work which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the University.

## **YUKON FIRST NATIONS CORE COMPETENCY**

Yukon University recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon University program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see [www.yukonu.ca/yfnccr](http://www.yukonu.ca/yfnccr).

## **ACADEMIC ACCOMMODATION**

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon University Academic Regulations (available on the Yukon University website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, they should contact the Learning Assistance Centre (LAC): [lac@yukonu.ca](mailto:lac@yukonu.ca).



**TOPIC OUTLINE AND SCHEDULE**

Course: Sept 1 <sup>st</sup> – Dec 8 <sup>th</sup>	PSYC 100 – Introduction to Psychology I
Week 1: Sept 1 <sup>st</sup> - Sept 5 <sup>th</sup>	Topic: <i>Introduction and Syllabus</i> To Do: Course Outline; Download textbook; Check out Moodle; Start Reading Chapter 1.  Zoom: Sept 3 <sup>rd</sup> , 2:30-3:30 pm No Assignments or Exams
Week 2: Sept 6 <sup>th</sup> - Sept 12 <sup>th</sup>	Topic: <i>Introduction to Psychology</i> To Do: Read Chapter 1.1-1.4; Complete Assignment #1.  Zoom: Sept 10 <sup>th</sup> , 2:30-3:30 pm <b>Assignment #1 Due Friday Sept 11<sup>th</sup> @ 5 pm</b> - Introduction
Week 3: Sept 13 <sup>th</sup> – 19 <sup>th</sup>	Topic: <i>Psychological Research</i> To Do: Read Chapter 2.1-2.4; Complete Assignment #2.  Zoom: Sept 17 <sup>th</sup> , 2:30-3:30 pm <b>Assignment #2 Due Friday Sept 18<sup>th</sup> @ 5 pm</b> – Research, Bias, Ethics
Week 4: Sept 20 <sup>th</sup> – 26 <sup>th</sup>	Topic: <i>Biopsychology</i> To Do: Read Chapter 3.1-3.3.  Zoom: Sept 24 <sup>th</sup> , 2:30-3:30 pm No Assignments or Exams
Week 5: Sept 27 <sup>th</sup> – Oct 3 <sup>rd</sup>	Topic: <i>Biopsychology</i> To Do: Read Chapter 3.4-3.5; Complete Assignment #3.  Zoom: Oct 1 <sup>st</sup> , 2:30-3:30 pm <b>Assignment #3 Due Friday Oct 2<sup>nd</sup> @ 5 pm</b> – The Brain
Week 6: Oct 4 <sup>th</sup> – Oct 10 <sup>th</sup>	Topic: <i>Midterm Exam #1</i> To Do: Midterm Exam 1; Treat yourself to something nice  Zoom: Oct 8 <sup>th</sup> , 2:30-3:30 pm <b>Midterm exam 1 (Chapters 1-3): During Zoom Time</b>
Week 7: Oct 11 <sup>th</sup> – Oct 17 <sup>th</sup>	Topic: <i>States of Consciousness</i> To Do: Read Chapter 4.1-4.6  Zoom: Oct 15 <sup>th</sup> , 2:30-3:30 pm No Assignments or Exams
	--- Continued Below ---

**APPLIED ARTS DIVISION**  
**PSYC 100**  
**INTRODUCTION TO PSYCHOLOGY I**  
**3 Credits**  
**Fall, 2020**

Week 8: Oct 18 <sup>th</sup> – Oct 24 <sup>th</sup>	<p>Topic: <i>Sensation and Perception</i>          To Do: Read Chapter 5.1-5.3; Complete Assignment #4.</p> <p>Zoom: Oct 22<sup>nd</sup>, 2:30-3:30 pm  <b>Assignment #4 Due Friday Oct 23<sup>rd</sup> @ 5 pm</b> – Consciousness</p>
Week 9: Oct 25 <sup>th</sup> – Oct 31 <sup>st</sup>	<p>Topic: <i>Sensation and Perception</i>          To Do: Read Chapter 5.4-5.6; Complete Assignment #5.</p> <p>Zoom: Oct 29<sup>th</sup>, 2:30-3:30 pm  <b>Assignment #5 Due Friday Oct 30<sup>th</sup> @ 5 pm</b> – Sensation/Perception</p>
Week 10: Nov 1 <sup>st</sup> – Nov 7 <sup>th</sup>	<p>Topic: <i>Midterm Exam 2</i>          To Do: Midterm Exam 2; Watch some trashy TV</p> <p>Zoom: Nov 5<sup>th</sup>, 2:30-3:30 pm  <b>Midterm Exam 2 (Chapters 4-5): During Zoom Time</b></p>
Week 11: Nov 8 <sup>th</sup> – Nov 14 <sup>th</sup>	<p>Topic: <i>Learning</i>          To Do: Read Chapter 6.1-6.4</p> <p>Zoom: Nov 12<sup>th</sup>, 2:30-3:30 pm          No Assignments or Exams</p>
Week 12: Nov 15 <sup>th</sup> – Nov 21 <sup>st</sup>	<p>Topic: <i>Thinking and Intelligence</i>          To Do: Read Chapter 7.1-7.3; Complete Assignment #6.</p> <p>Zoom: Nov 19<sup>th</sup>, 2:30-3:30 pm  <b>Assignment #6 Due Friday Nov 20<sup>th</sup> @ 5 pm</b> - Learning</p>
Week 13: Nov 22 <sup>nd</sup> – Nov 28 <sup>th</sup>	<p>Topic: <i>Thinking and Intelligence</i>          To Do: Read Chapter 7.4-7.6; Complete Assignment #7</p> <p>Zoom: Nov 26<sup>th</sup>, 2:30-3:30 pm  <b>Assignment #7 Due Friday Nov 27<sup>th</sup> @ 5 pm</b>– Cognition/Intelligence</p>
Week 14: Nov 29 <sup>th</sup> – Dec 5 <sup>th</sup>	<p>Topic: <i>Memory</i>          To Do: Read Chapter 8.1-8.4; Begin reviewing for Final Exam.</p> <p>Zoom: Dec 3<sup>rd</sup>, 2:30-3:30 pm          No Assignments or Exams</p>
Week 15: Dec 5 <sup>th</sup> – Dec 8 <sup>th</sup>	<p>Topic: <i>Memory</i>          To Do: Finish Chapter 8; Complete Assignment #8 by Tuesday.</p> <p>No Zoom This Week  <b>Assignment #8 Due Tuesday Dec 8<sup>th</sup> @ 5 pm</b> - Memory</p>
Final Exam: Dec 10 <sup>th</sup>	<p><b>Final Exam Dec 10<sup>th</sup></b>          1/3 of questions from Chapters 1-5, 2/3 of questions from Chapters 6-8</p>

