School of Health Education and Human Services
NURS 1504
Care of the Older Adult
Term: Winter 2022
Number of Credits: 3

Course Outline

INSTRUCTOR: Carrie Huffman
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COURSE DESCRIPTION

In this course, learners will gain knowledge and skills needed to provide high quality, relational care for the older adult. Learners will focus on meeting the complex physical, emotional, and cognitive needs for this diverse population by examining best practices in the field of elder care. Through a holistic and person-centered approach, this course examines the experience of aging, common challenges in older adulthood, and nursing care interventions aimed at maintaining or restoring optimal health and functioning.

COURSE REQUIREMENTS

Prerequisite(s):
ENGL100 Academic Writing and Critical Thinking

ELCC 125 Interpersonal Relationships and Communication Skills

ANAT1101 Anatomy and Physiology

NURS1101 Nursing Arts

NURS1202 Nursing Foundation 1

NURS1301 Mathematical Principles of Medication Administration

Corequisite(s):
NURS 1102 Applied Pharmacology

NURS 1103 Pathophysiology

NURS 1201 Adult Health Assessment

NURS 1203 Nursing Foundations 2

EQUIVALENCY OR TRANSFERABILITY

See Bow Valley College transferability information @ https://bowvalleycollege.ca/student-resources/academic-services/transfer-credits.

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- Examine aging and its effects on older individuals' health and functioning
- Use appropriate tools to assess functional health of the older adult
- Apply the nursing process to individuals facing common health challenges of older adulthood and end of life
- Recognize safety risks for older adults and describe strategies to maintain safety for older adults
- Examine leadership theory and opportunities for leadership within gerontological nursing

COURSE FORMAT

Delivery format

This course will include a total of 45 hours of on-line learning, videoconference classes, in-person sessions and exams. A combination of synchronous (virtual real-time class meetings through Zoom & in-person) and asynchronous (web-based via Moodle) learning activities are provided. Learning activities may include but are not limited to facilitator-led learning, projects, and on-line exercises.

ASSESSMENTS

COURSE LEARNING OUTCOME(S)	ASSESSMENT	WEIGHT
1, 2, 3, 4, 5	Learning Activities	30%
1, 2, 3, 4, 5	Exam 1	35%
1, 2, 3, 4, 5	Exam 2	35%

Important: For details on each assignment and exam, please see your Course Offering Information.

An overall minimum final mark for this course must be 64%, letter grade C, grade point value of 2.0 to pass this course. Please consult with your program area or contact your program chair for further details.

A minimum Grade Point Average of 2.0 is required for graduation.

GRADE	PERCENTAGE	GRADE POINT	DESCRIPTION
A+	95-100	4.0	Exceptional: superior knowledge of subject matter
A	90-94	4.0	Excellent: outstanding knowledge of subject matter
A-	85-89	3.67	
B+	80-84	3.33	

B	75-79	3.0	Very Good: knowledge of subject matter generally mastered
B-	70-74	2.67	
C+	67-69	2.33	
C	64-66	2.0	Satisfactory/Acceptable: knowledge of subject matter adequately mastered
C-	60-63	1.67	
D+	57-59	1.33	
D	50-56	1.0	Minimal Pass
F	Less than 50	0.0	Fail: an unsatisfactory performance

COURSE WITHDRAWAL INFORMATION

Refer to the YukonU website for important dates.

TEXTBOOKS & LEARNING MATERIALS

Touhy, T. A., Jett, K. F., Boscart, V., & McCleary, L. (2019). *Ebersole and Hess' gerontological nursing and healthy aging in Canada* (2nd Canadian ed.). Elsevier Canada.

RELATED COURSE REQUIREMENTS

It is highly recommended that all students have access to a computer or other device and Internet to do their studies. The minimum specifications for a student device are as follows:

Requirement	Windows-based PC	Apple Mac/macOS-based PC
Operating System	Windows 10	macOS X
Web Browser	Firefox, Edge or Google Chrome	Firefox, Edge or Google Chrome
RAM/Memory	4 GB	4 GB
Storage	5 GB of available space	5 GB of available space

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon University Academic Regulations (available on the Yukon University website). It is the student's responsibility to seek these accommodations by contacting the Learning Assistance Centre (LAC): LearningAssistanceCentre@yukonu.ca.

TOPIC OUTLINE

Introduction to aging and holistic care

The aging process

Communicating with older persons

Promoting cultural care for older persons

Care settings for older adults

Assessment tools and documentation in gerontological nursing

Promoting safety for older persons

Common chronic conditions affecting the older adult

Cognitive impairment and neurological conditions in the older adult

Mental health and wellness in later life

Safe medication use for older persons

Navigating end of life care